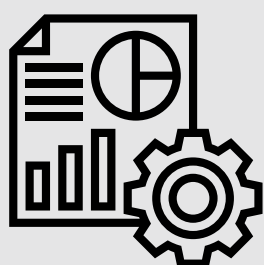


ADVOCACY AND ALLYSHIP FOR CAREGIVERS DURING COVID

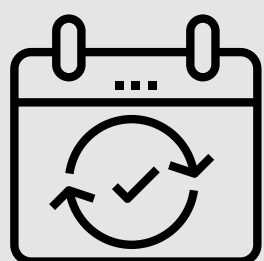
JCSW Subcommittee on Career Advancement



1

COLLECT LOCAL DATA

Conduct a survey of your local environment to bring specificity to the problem. Draw comparisons to data from other departments and institutions as reference models.



2

LEAD WITH FLEXIBILITY

As an example, requests for scheduling vacation is challenging when you don't know what next year will bring! Approach leaders along with peers in proposing flexible, shorter-term models for scheduling.



3

CREATE SAFE SPACES FOR PEER SUPPORT

Couple professional development seminars with opportunities for peer mentoring, where small communities can reflect on shared challenges and crowdsource solutions.



4

JOIN AN ADVOCACY GROUP

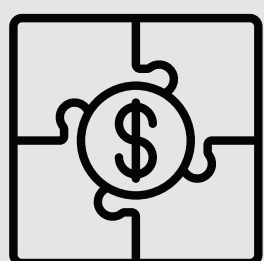
Becoming part of a community of colleagues, parents, caregivers, or neighbors may allow you to advocate at the institutional, city, state, or national level for policies that could improve childcare access, schooling, or other resources.



5

EXPLORE CONVENIENCE SERVICE OFFERINGS

Provide suggestions to your work unit or institution about services that may offer discounts for healthcare professionals and staff, such as food delivery, meal plans, household repairs, or financial services.



6

PROPOSE MODELS FOR CAREGIVER SUPPORT

Develop formal proposals and write letters to your institution for caregiving subsidies, discounts for backup care, temporary childcare centers, or centralized learning pods.