

Your Employee Assistance Program

Employee Assistance Programs (or EAPs, as they are referred to) are an employee benefit program that assists employees with personal problems and/or work-related problems that may impact their job performance, health, mental and emotional well-being.

EAPs offer a wide range of services including the following:

- Short term counselling (in person*, chat, telephonic, text, email)
- Grief and trauma support
- Addiction
- Legal and financial support
- Dependent care support
- Health and Wellness support including nutrition counselling
- Manager Consultations
- Work Life Services such as dependent care support, locating local services, etc

Harvard Medical School and its affiliate institutions have access to their own EAP program. Each institution's EAP partner is listed below for your quick reference. Click on the links to learn more. Please note this is for Benefits Eligible Staff and Faculty only. If you're a student, please contact [Harvard University Health Services](#)

Institution	EAP
Harvard Medical School	KGA
Dana-Farber Cancer Institute	KGA
BIDMC	KGA
Brigham and Women's Hospital	MassGeneralBrigham EAP
Joslin Diabetes Center	AllOne
Massachusetts Eye and Ear	MassGeneralBrigham EAP
Massachusetts General Hospital	MassGeneralBrigham EAP
Boston Children's Hospital	KGA
Cambridge Health Alliance	KGA
HSDM: The Forsyth Institute *	Connect with your HR Dept
McLean Hospital	MassGeneralBrigham EAP
Mount Auburn Hospital	KGA
Spaulding Rehabilitation Hospital	MassGeneralBrigham EAP
Harvard Pilgrim Health Care Institute	KGA
Hebrew SeniorLife	ComPsych
Judge Baker Children's Center	Connect with your HR Dept
Veterans Affairs Boston Healthcare System	Connect with your HR Dept



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